

## **SCOPDIS-RIRS**: A proposal for a new scoring system to predict difficult 'Retrograde Intra-Renal Surgery' for Renal Stones

<10 mm

10-20 mm

>20 mm

C1 Upper

C2 Middle

C3 Lower

Pelvis

< 500 HU

>500 HU

LIPa≥*70°* 

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Several studies reported that multistage Retrograde Intra-Renal Surgery (RIRS) is a safe and efficacious treatment option for renal stones, with a high stone-free rate, fewer complications and a rapid learning curve.

The aims of this study were:

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- to design a standardised and original classification system of kidney stones suitable for RIRS based on their features and on the anatomical aspect of the upper urinary tract (ScorDiS-RIRS: Scoring Difficulties for Stones"-RIRS);
- to evaluate the ability of this classification system in predicting the "complexity" of performing RIRS on a prospective series of patients.

In order to propose a reliable, simple and "objective" predictive score of operative difficulty for RIRS we based our analysis on the correlations between preoperative objective parameters and a self-assessment of "technical difficulty" performed by a single skilled surgeon.

We prospectively evaluated 108 patients who underwent RIRS for renal stones between May and December 2016. All procedures were performed by the same skilled surgeon (PB).

Preoperatively, all patients were studied using computed tomography (CT) or magnetic resonance imaging (MRI).

For each patient data regarding the age, size of stone, location, composition/hardness (according to Hunsfield Units at imaging), number of stones, previous or not ureteral procedures, presence or not of ureteral stent "in situ" were collected.

Operative time and intra/ postoperative complications according to Clavien-Dindo classification were recorded.

Definitions of different morphologies of the upper urinary tract

We evaluated the upper urinary tract morphology identifying five possible "silhouettes" (see Figure):

A: normal;

**B**: Caliceal diverticulum;

C: dilation of calices, pelvis and ureter;

**D**: dilation of only calices;

E: hydronephrosis (with ureteropelvic junction obstruction).

We also analysed the ureteral morphology, with three possibilities:

a: normal ureter;

**b**: ureteral stricture;

**c**: ureteral dilation.

The surgeon (PB) was asked to assign (immediately at the end of each procedure) a degree of "difficulty", classifying each RIRS as "easy", "intermediate" or "difficult", according to his experience.



Size

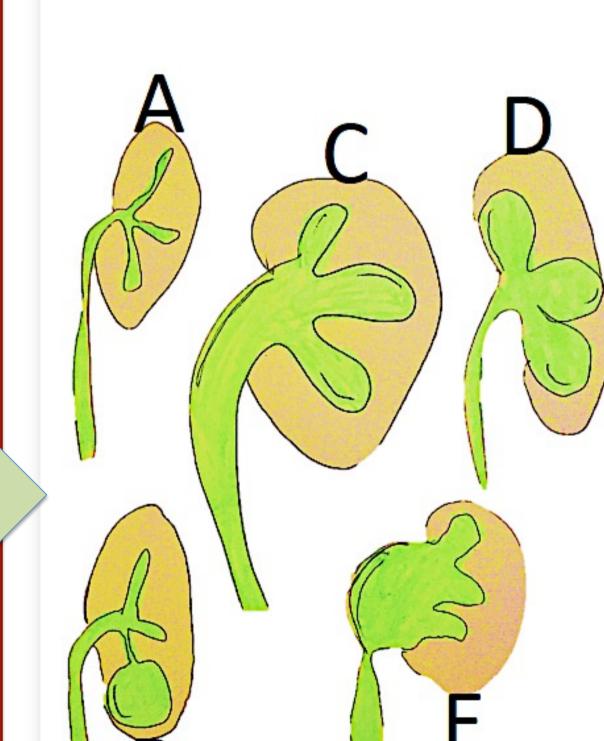
Location

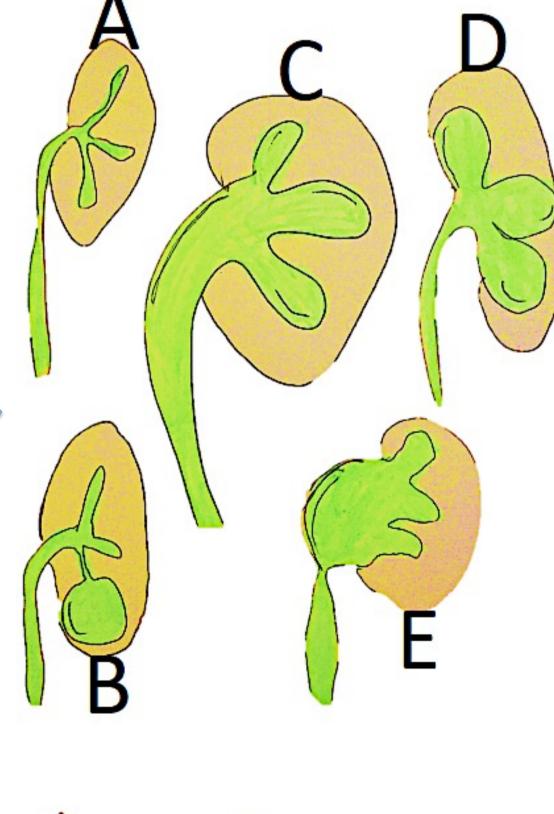
Composition

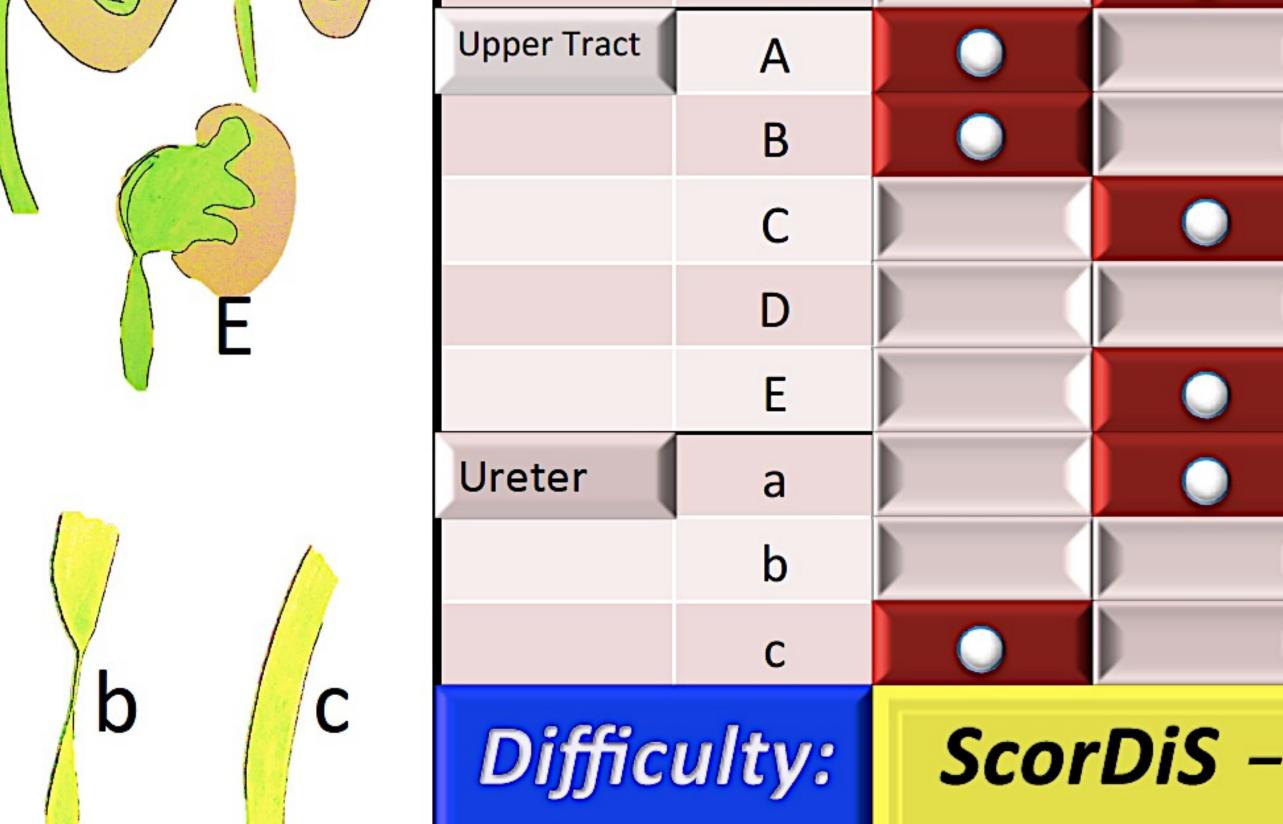
Number



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LIP-A	NW NW
ι. →	







	Hardness				
	Number				
3	Upper Urinary Tract Morpholog				
	Ureteral Morphology				
	Re-operation				
	Presence of DJ in situ				
	Sco	ScorDiS -R			
110	ScorDis Groups				
LIPa<70°		Easy			
	1 (<10)	68.2%			
	2 (10-11)	28.6%			
	3 (>11)	0%			
	With this prelimin	nary analysis, we			
	demonstrated that ScorDis-RIRS				
	is a simple scoring	g system that			
	can be used to pr				
	complexity of RIR	S procedure.			
	Further experiences are needed				
	to validate this sc	oring system.			
	<b>ScorDis-</b> <i>RIRS</i> coul				
	in training progra				
	a surgeon with ar	• • •			
	level of expertise,	•			
-RIRS:	avoiding assigning surgeon in training				
	necessary level of				
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Parameter	p	
Age	p=0.3844*	
Size	p= 0.0002*	
Location	p=0.0013 <sup>#</sup>	
Hardness	p=0.0006*	
Number	p=0.0471*	
Upper Urinary Tract Morphology	p=0.0001*	
Ureteral Morphology	p=0.0028 <sup>#</sup>	
Re-operation	p=0.1422*	
Presence of DJ in situ	p=0.6261*	
	* Yeats' $\chi^2$ - # Fisher's test	

## ScorDiS – RIRS Groups

ScorDis Groups	Complexity		
	Easy	Intermediate	Difficult
1 (<10)	68.2%	31.8%	0%
2 (10-11)	28.6%	48.6%	22.8%
3 (>11)	0%	41.4%	58.6%
			<i>p</i> < 0.00001

overly complex case.

